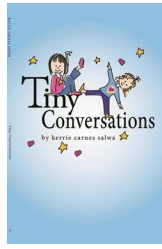


Author Kerrie Carnes Salwa Shares Life's Challenges in Poignant Book *Tiny Conversations*



*1888 PressRelease - Children's author Kerrie Carnes Salwa's new book, *Tiny Conversations*, focuses on the discussions she had with her twin daughters that helped her cope with professional challenges and the loss of her father and sister.*

Clinton, Mass. - When life's troubles get you down, sometimes the best way to cope is by facing reality in small doses. That is exactly what new author Kerrie Carnes Salwa does in her recently released book, *Tiny Conversations*.

Tiny Conversations is based on the Facebook posts that Salwa shared with her friends and family after having discussions about her life with her young twin daughters. Faced with the reality that her life was filled with bumps in the road - her mother's second cancer diagnosis, the deaths of her sister and her father, a small business that simply wasn't doing as well as she had hoped, and her rejection from full-time employment that she was overqualified for - she turned to her twin daughters as therapy.

Discussing with them her day and the things that she was facing and then sharing these conversations on Facebook was not only entertaining to her family and Facebook friends but became a way for Salwa to express her deepest emotions and heal from the losses and challenges that she was facing. These conversations became the springboard from which *Tiny Conversations* was born.

"This book is really my heart," said Salwa. "Sharing the challenges that I was going through in a transparent way within the context of talking to young children who really had no idea what I was talking about ended up being one of my best tools to cope. My hope is that these conversations will bring healing and laughter to readers."

These hilarious and precious conversations are chronicled in Salwa's book, which readers of all ages will appreciate. Children will love the twins and their entertaining commentary, while the challenges that life offers will resonate with adults and help every reader smile.

Tiny Conversations can be purchased online now at SDP Publishing, Amazon or Barnes and Noble. Visit the author's website, (website address), for more information.

About the Author

Kerrie Carnes Salwa is the previous owner and operator of The Spillway, a neighborhood tavern, in the small but unique town of Clinton, located in central Massachusetts. Kerrie was born in Monroe, North Carolina, and raised in the Mentor Headlands, Ohio, outside of Cleveland. She moved to Massachusetts when she was 13. After college, Kerrie worked at the State House in Boston and the City Hall in Leominster. She currently resides in Clinton with her husband, Seth, and twin daughters and works at a local university.

In 2010, Kerrie started a Massachusetts Chapter of an organization called Breast Intentions. The group raises money year round to help local breast cancer patients pay their bills while undergoing treatment or while in recovery. Breast Intentions of MA is very dear to Kerrie's heart, so a portion of the proceeds from this book will go to Breast Intentions of MA's ongoing efforts.

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